WHITTIER COLLEGE RESOURCES

The Whittier College Support Person Program provides non-judgmental support, accompaniment, advising, and information: (562) 907-4233

The Whittier College Counseling Center provides in-office support from 8am - 5pm: (562) 907-4239 or reach the on-call counselor after hours through Campus Safety at (562) 907-4911

The Whittier College Health and Wellness Center provides general medical attention and birth control: (562) 464-4548

Whittier College encourages you to report sexual misconduct. You can report to various people:
Title IX Coordinator: (562) 907-4830
Title IX Investigator: (562) 907-4233
Campus Safety: (562) 907-4911

OFF CAMPUS RESOURCES

Project Sister in Pomona provides accompaniment to the hospital or police station, advocacy, information, referrals, counseling, and a 24-hour hotline: (909) 626-4357

The Women’s and Children’s Crisis Center provides shelter and 24-hour crisis response: (562) 945-3939

The Los Angeles 24-hour Rape & Battering Hotline can help you find resources in your area of LA: (626) 793-3385

Presbyterian Intercommunity Hospital (PIH) in Whittier works with a Sexual Assault Response Team (SART) to provide free, safe, private examinations for survivors. Call Project Sister to set up an appointment 24 hours a day: (909) 626-4357

Whittier College encourages you to report to the Whittier Police Department: (562) 567-9200 or 911

Whittier College prohibits sexual misconduct. Please see the Sexual Misconduct Policy at:

www.whittier.edu/smap
**HOW CAN I LEARN MORE?**

Get trained or become a facilitator.

Hosted by the Dean of Students Office and Residential Life, the Bystander Intervention Certification (BIC) Program or the 100-level course in Sexual Assault Prevention teaches students to be proactive bystanders. To enroll or find out when the next training is, call (562) 907-4233 or visit [www.whittier.edu/studentlife/intervention](http://www.whittier.edu/studentlife/intervention).

Host a prevention workshop.

Teach your friends, floormates, society, athletic team, or class about how to prevent sexual assault and be proactive bystanders. Host a 1 to 3 hour workshop tailored to meet the needs of your group. Contact: Elizabeth Schrock Assistant Dean of Students, eschrock@whittier.edu, (562) 907-5122.

Co-host an event with *Who Cares, We Care*.

*Who Cares, We Care* is a student organization that hosts events to raise awareness about sexual assault, dating/domestic violence, and stalking. To co-host an event contact whocares@poets.whittier.edu or learn more at [facebook.com/whocareswecare](http://facebook.com/whocareswecare).

**Steps to Action:**

1. **Notice the incident as one that needs your assistance**

   Situations that could benefit from proactive bystander intervention are everywhere, including language that indicates harmful attitudes towards women to situations where someone is too intoxicated to give consent.

2. **Take responsibility for intervening.**

   Do you see others that might have noticed an incident, but aren’t doing anything? Be the leader that steps up and takes on the responsibility for doing something, or engage others in intervening as a group!

3. **Be ready to intervene by having the skills and practicing.**

   Learn the 4 Ds of Bystander Intervention, and practice them in non-emergency situations.

   **“Whenever one person stands up and says, ‘Wait a minute, this is wrong,’ it helps others do the same.”**

   - Gloria Steinem

**Techniques: The 4 Ds**

Here’s the situation: You see two people dancing at a party. One is pushing the other away. What do you do?

**Distract.** Ask one of them if they’re in your class, to go get food, or help you with something.

**Delegate.** Get a few of your friends to start dancing around them to separate them, start a conga line, or find one of their friends to talk to them.

**Delay.** Start a conversation with one of them to give them time to make a decision about how to remove themselves from the situation.

**Direct.** Tell the person being pushed away to stop.

**Your safety is important!**

If you don’t feel safe, call for help at 911 or (562) 907-4911.

[www.whittier.edu/smap](http://www.whittier.edu/smap)