


AFRICAN AMERICAN & BLACK Student Life | Resources


Click on the link symbol  for more information

On-Campus Resources


Bias Incident Report Form 

Center for Career and Professional Development 

Black Men of/at Whittier College 

Counseling Center 

Black Student Association 

Office of Equity and Inclusion 

Off-Campus Resources

Black Men Heal

Free mental health service opportunities for Black men.

Black Women's Health Imperative

Organization advancing health equity and social justice for Black women through policy, advocacy, education, research and leadership development.

Black Emotional and Mental Health Collective (BEAM)

Group aimed at removing the barriers that Black people experience getting access to or staying connected with emotional health care and healing, through education, training, advocacy and the creative arts.

Black Mental Health Alliance

Provides information and resources and a "Find a Therapist" locator to connect with a culturally competent mental health professional. Call: (410) 338-2642.

Therapy for Black Girls

Offers listing of mental health professionals across the country who provide high quality, culturally competent services to Black women and girls, an informational podcast and an online support community.

Therapy for Black Men

Black men and boys face unique challenges and stigmatization, and therefore need a dedicated space for seeking and finding mental health support. Therapy for Black Men is a place to get the support you need

Black Mental Wellness

Provides access to evidence-based information and resources about mental health and behavioral health topics from a Black perspective, as well as training opportunities for students and professionals.

Ourselves Black

Provides information on promoting mental health and developing positive coping mechanisms through a podcast, online magazine and online discussion groups.


Sista Afya


Organization that provides mental wellness education, resource connection and community support for Black women.

Brother You're on My Mind

An initiative launched by Omega Psi Phi Fraternity, Inc. and NIMHD which offers resources to raise awareness of the mental health challenges associated with depression and stress that affect Black men and families.


Treatment Directories

Association of Black Psychologists Directory 

Psychotherapists of Color Directory 

Inclusive Therapists 

National Queer and Trans Therapists of Color Network 

Innopsych 

Psychology Today Directory of African American Therapists 

